



Paralyzed Veterans of America

Lone Star Chapter

Lone Star Paralyzed Veterans of America

October—December 2024

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**Glendon Bentley**  
**Executive Director of the LSPVA, Retires**  
**25 Years of Service to the LSPVA**  
**20 Years of Military Service**



## LONESTAR CHAPTER PVA

CHARTED BY CONGRESS OF  
THE UNITED STATES OF AMERICA

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#### **EXECUTIVE ASSISTANT & OFFICE COORDINATOR**

Sonya Cogan

### **OFFICE ADDRESS**

LONE STAR CHAPTER, PVA  
3925 FOREST LANE. GARLAND, TEXAS 75042  
9:00 AM—5:00 PM. MONDAY-FRIDAY  
972-276-5252  
WWW.MYLSPVA.ORG

#### **LSPVA THRIFT STORE**

214-324-5026

#### **DALLAS VA SCI/SCD UNIT**

SCI, AO 214-857-1758  
**Outpatient Clinic** 214-857-1782  
**Inpatient Clinic** 214-857-1762  
**Prosthetic's** 214-857-0548  
**Wheelchair Repair** 214-857-0550  
**Internet Café** 214-857-5075  
**Telecare** 800-677-8289  
**Medication Refills** 800-849-3594

#### **DALLAS OFFICE SERVICE OFFICERS:**

NSO Jermaine Cohen  
**Sr. ADMINISTRATOR:** Zelda Herrera  
**Dallas VA Medical Center**  
4500 S LANCASTER RD,  
DALLAS TX 75216  
214-857-0105  
214-857-0106

#### **WACO REGIONAL OFFICE**

NSO: Dan Mecke  
NSO: Ty McWhorten  
**Sr. ADMINISTRATOR RHONDA BROUGHTON**  
ONE VETERANS PLAZA 701 CLAY. Rm 115  
WACO TX 76799  
254-299-9944

#### **FORT WORTH VA OUTPATIENT CLINIC**

2201 SE Loop 820, Fort Worth, TX 76119  
Phone: 817-335-2202 or 817-335-2202

#### **TYLER VA PRIMARY CARE CLINIC**

3414 Golden Rd . Tyler, TX 75701  
Phone: 903-590-3050

#### **TEMPLE SCI CLINIC**

SCI Coordinator  
1901 Veterans Memorial Dr., Temple, Texas 76661  
Phone: 254-778-4811

#### **BONHAM SCI CLINIC**

1201 East 9th Street . Bonham, Texas 75418  
Phone: 903-583-2111 or 903-583-1330  
800-924-8387

#### **PVA National Office**

875 Eye Street, NW, Suite 1100  
Washington DC 20006  
800-424-8200  
www.pva.org



## Lone Star Chapter

#### **LSPVA NEWSLETTER &**

#### **WEBSITE EDITOR:**

Sonya Cogan

Sonya@Lspva.org

972-276-5252

#### **TO ADVERTISE IN OUR NEWSLETTER OR TO WRITE AN ARTICLE:**

Sonya Cogan

Sonya@Lspva.org

972-276-5252

The Lone Star Chapter, Paralyzed Veterans of America is a non-profit organization. All voting members of Paralyzed Veterans of America have sustained spinal cord injury, disease or dysfunction, MS, or ALS, and are veterans.

Any article that appears in this magazine are the option of the author and may not represent it's officers, Board of Directors or the national organization. The Lone Star Chapter, Paralyzed Veterans of America Magazine is published quarterly. The editor or assistant has the right to edit articles, add content as needed. The office of the Lone Star Chapter, Paralyzed Veterans of America Magazine is located at 3925 Forest Lane, Garland, TX, 75042. 972-276-5252

## Lone Star Chapter Paralyzed Veterans of America

### Chapter Mission Statement

The Lone Star Chapter Paralyzed Veterans of America, a congressionally chartered veteran service organization established August 19, 1989 is locally involved in the support of its members or veterans who served in the armed forces that have experienced spinal cord injury or dysfunction.

### We Advocate For:

- Quality health care for its members and veterans
- Ensure its members that they will receive education addressing their spinal cord injury or dysfunction
- Ensure its members get help in securing benefits as a result of their military service.
- Ensure its members that their Civil rights and opportunities are met to maximize their independence.

To enable LSPVA to continue to honor this commitment, we must recruit and retain members in the North Texas area, who have the experience, energy, dedication and passion necessary to help guide the organization and ensure adequate resources to sustain the programs essential for LSPVA to achieve its mission.



Like our Newsletter? Check out our website and find us on Facebook. Keep up with all the happenings. We update our website daily so you can stay in the know! [www.mylspva.org](http://www.mylspva.org)

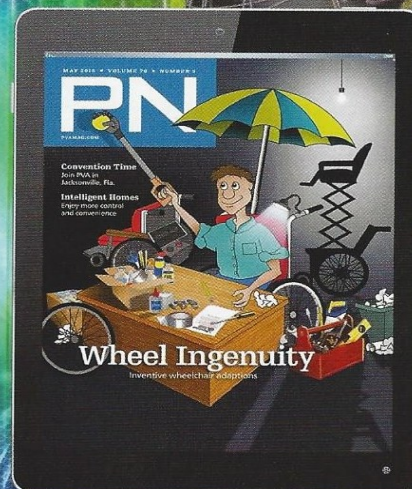
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# Glen Bentley Retires from the LSPVA

After 25 years of serving as Executive Director and Honor Guard member to the Paralyzed Veterans of America, Lone Star Chapter, we sadly say goodbye to Glen Bentley. He retired on September 30th, 2024.

Prior to accepting the position at the LSPVA, he served our country with 10 years in the Army and 10 years in the Air Force. **That's 45 total years of service!** He is a devoted husband to Linda Christine, and a loving father and grandfather. He will be greatly missed by everyone, but we wish him the very best on a well earned and most deserved retirement. Thank you Glen, for bravely serving our country, then serving veterans with all the great work you did for the LSPVA. Thank you for your professionalism, dedication, expertise, wisdom, and forever friendship. Congratulations on all that you have achieved throughout your life. You have a sharp mind and a heart of gold, and we hope you enjoy this next chapter of your life.





## ADVERTISE WITH THE LONE STAR CHAPTER PVA

Are you looking to get your business or information to the Paralyzed Veteran, MS, and ALS Community? Look no further than advertising with the Lone Star Chapter Newsletter. Our newsletter is published quarterly with an online version we place on our website and your ad will also be on the front page of our website. Your ad also includes a quarterly post on our social media. Our newsletter contains lots of great information specifically to improve the lives of our members. If you're interested in placing an ad in our next issue please call 972-276-5252

AD SIZE	2024 RATES PER ISSUE
Business Card (2 x 3 ½)	\$30
¼ Page Vertical (3 ½ x 4 ¾)	\$50
¼ Page Horizontal (7 ½ x 2 ½)	\$50
½ Page (7 ½ x 4 ¾)	\$125
Full Page (7 ½ x 9 ¾)	\$250

To place your ad email [Sonya@Lspva.net](mailto:Sonya@Lspva.net) or call 972-76-5252

# Dr. Pacheco Leaves the Dallas VA

After many years of incredible service, Dr. Pacheco is leaving the Dallas VA, SCI Center. We wish her all the very best. Also, a big thank you to all of the amazing SCI staff for generously donating the funds for this wonderful lunch and party. Good luck Dr. Pacheco we will miss you!



# 2024 Wheelchair Games!

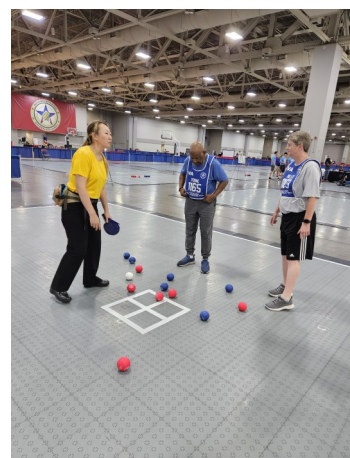




# 2024 Wheelchair Games!



# Golden Age Games 2024 in Salt Lake City, Utah



## Getting Veterans with SCI Back on Their Feet

Eligible veterans may receive an Ekso Indego exoskeleton at NO COST!

### What is Ekso Indego?

A powered exoskeleton that enables individuals with spinal cord injuries (T3-L5)\* to stand and walk, offering a new level of independence.

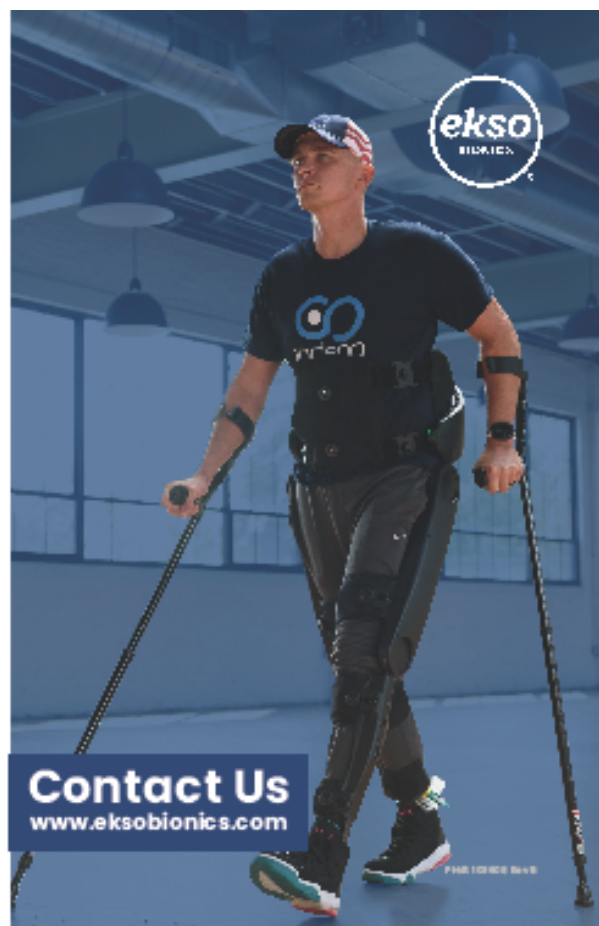
- Fastest walking speeds
- Lightest weight exoskeleton
- Modular design for easy transportation

VA policy allows Ekso Indego to be issued at no cost for those who qualify.

### How to Get Qualified

Contact us to find out if you may be eligible. An evaluation by your provider at a SCI/D center is required to determine eligibility for use of an Ekso Indego Personal device.

\*For full indications for use, visit: [www.eksobionics.com/indications-for-use/](http://www.eksobionics.com/indications-for-use/)



Contact Us  
[www.eksobionics.com](http://www.eksobionics.com)



# EMINENT HOME HEALTH CARE

"Professional care in the comfort of your home"



Eminent Home Health Care has been providing home health care services since 2006, with a staff that has 20+ years of experience in the home health care field. We work closely with the VA to provide outstanding care for our Veterans.

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FAX : 214-660-4406

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- SPEECH THERAPY
- MEDICAL SOCIAL WORKER
- HOME HEALTH AIDE/HOMEMAKER
- RESPIRE CARE



10864 Audelia Rd #100 Dallas, TX 75238



## Membership Application

An individual is eligible for membership by meeting the following criteria: (1) is a citizen of the United States; (2) was regularly enlisted, inducted or commissioned for active duty service in the Army, Navy, Marine Corps, Air Force, or Coast Guard of the United States, or our allies as evidenced by other-than-dishonorable character of service documented by a verifiable DD-214 or DD-215 (entry-level separation not acceptable); (3A) was separated from the service in the Armed Forces under conditions other than dishonorable; or (3B) is on active duty or must continue to serve after the cessation of hostilities; and (4) has suffered a spinal cord injury or disease (such as MS, ALS), whether or not service connected in origin. Membership is free. **Complete and return application to the chapter of choice or by mail/email to: Paralyzed Veterans of America Membership Department, 1875 Eye Street, NW, Suite 1100, Washington, DC 20006; (E) members@pva.org.** Providing the requested information is entirely voluntary but required for membership with Paralyzed Veterans of America.

Chapter Name: \_\_\_\_\_

First Name: \_\_\_\_\_ Middle Initial: \_\_\_\_\_ Last Name: \_\_\_\_\_

Date of Birth: \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Social Security Number: \_\_\_\_\_  Male  Female

Race/Ethnicity:

Asian/Pacific Islander

African American/Descent

Hispanic/Latino

Native American/Alaskan Native

Caucasian

Address: \_\_\_\_\_ City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_ Email: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

### VETERAN STATUS INFORMATION

Please submit the following with application:

- DD Form 214 showing character of discharge.
- Medical evidence of spinal cord injury or involvement (medical records or physician's statement).

**Proof of active duty status must be verified prior to membership approval.**

Have you been discharged under conditions that are less than honorable?  Yes  No

If yes, please explain: \_\_\_\_\_

Are you a United States citizen?  Yes  No

Do you have a spinal cord injury or disease?  Yes  No If disease, specify: \_\_\_\_\_

Is your spinal cord injury or spinal cord disease service connected?  Yes  No

If Paralyzed Veterans of America is your accredited representative, do you permit PVA Service Officers to provide information to PVA National Membership Department relative to your membership eligibility?  Yes  No

I declare under penalty of perjury that the foregoing is true and correct, that I have read and meet the qualifications and I understand that my membership could be denied or revoked if any information provided is inaccurate.

Applicant Signature: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Witness Signature: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Please have physician submit this statement on letterhead stationary.

\_\_\_\_\_ is a veteran who has a spinal cord injury or disease such as MS with spinal cord involvement, ALS, transverse myelitis etc. His/her neurological dysfunction is \_\_\_\_\_ ( eg. paraplegia, quadriplegia, Brown Sequard Syndrome , cauda equine syndrome etc. )

\_\_\_\_\_  
Physician's Signature

\_\_\_\_\_  
Physician's Name

\_\_\_\_\_  
Physician's Title

\_\_\_\_\_  
Date Signed



# Volunteer Time Sheet

Paralyzed Veterans of America

Membership & Volunteer Program

1875 Eye Street, NW, Suite 1100 \* Washington, DC \* 20006

888-838-7782 \* Direct Membership Line

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Volunteer Identification Number: \_\_\_\_\_ Month: \_\_\_\_\_ Year: \_\_\_\_\_

Chapter Name: \_\_\_\_\_

Program Code Numbers		
1. Service	5. Legislation	11. Other
2. Advocacy/Housing/Barrier-free Design/Employment	6. Hospital Liaison	12. Executive Committee* (Chapter Totals Only)
3. Research	7. Attendant Program	*Work performed in program codes 4, 9, and 12 can only be included as service for the chapters
4. Administration/Secretarial* (Chapter Totals Only)	8. Sports	
	9. Fundraising* (Chapter Totals Only)	
	10. Membership	

Date	Program Code	Assignment Description	Hours	Points	Supervisor Signature

Volunteer's Signature \_\_\_\_\_ Date \_\_\_\_\_

Volunteer Coordinator's Signature \_\_\_\_\_ Date \_\_\_\_\_

# BIRTHDAYS

## October

<b>James Foster</b>	<b>Evelyn Brown</b>	<b>William Fischer</b>
<b>Gerald Cox</b>	<b>Sean Parson</b>	<b>Ray DelBosque</b>
<b>Larry Ripaldi</b>	<b>Susan Ellis</b>	<b>Troy Pruett</b>
<b>Terry Dunnam</b>	<b>Brian Pawlowski</b>	<b>Alan Rivera-Serra</b>
<b>Cynthia Hale</b>	<b>Maria Dwyer</b>	<b>Michael Fuller</b>
<b>Donald Bridschge</b>	<b>Gary Norton</b>	
<b>Terry Cotton</b>	<b>Jared Schmidt</b>	
<b>Monroe Nevels</b>	<b>Vance Johnson</b>	
<b>Brian Reaux</b>	<b>Raymond Miller</b>	
<b>Benjamin Canaba</b>	<b>James Bishop</b>	
<b>Sue Bisher</b>	<b>Richard Mahaney</b>	

## November

<b>Keith Dunnington</b>	<b>John Sweeney</b>	<b>Cecil Rich</b>
<b>John Ryan</b>	<b>Joe Parham</b>	<b>Clark Campbell</b>
<b>Henry Stark</b>	<b>Arlene Salazar</b>	<b>Stuart Saint</b>
<b>Jesus Patino</b>	<b>James Howard</b>	<b>John Cooper</b>
<b>Carlos Gonzalez</b>	<b>William Glenn</b>	<b>Niki McClure</b>
<b>Jason Morgan</b>	<b>Anthony Mitchell</b>	<b>Michael Kuchinsky</b>
<b>Glendon Bentley</b>	<b>Gary Bybee</b>	<b>Joshua Holm</b>
<b>Juan Hernandez</b>	<b>Aaron Sears</b>	<b>Adam Williams</b>
<b>Jonathan Merchant</b>	<b>Keith Hogeland</b>	
<b>Melvin Hasenyager</b>	<b>Unton Shallow</b>	
<b>Ronald Roland</b>	<b>Mack Wright</b>	

## December

<b>Stanley Gordon</b>	<b>Geok Madewell</b>	<b>Robert Ronquillo</b>	<b>Charles Armstead</b>
<b>Phillip Daniel</b>	<b>Dwight Roach</b>	<b>John Hanks</b>	<b>Jocelyn Blackwell</b>
<b>Gary Zuspann</b>	<b>Michael Little</b>	<b>Vernon Jackson</b>	<b>Kimberly Marcisz</b>
<b>Max Baxter</b>	<b>Thomas Colombrito</b>	<b>Benjamin Hetrick</b>	<b>William Rogers</b>
<b>Lewis Merrell</b>	<b>Louis Harris</b>	<b>Tonya Andrews</b>	<b>Warren Crutcher</b>
<b>Judy Curry</b>	<b>Laura Jeanne</b>	<b>Kamron Slaydon</b>	
<b>Tommy Moore</b>	<b>Robert Butler</b>	<b>Therase Weaver</b>	
<b>Mike James</b>	<b>Guy Johnson</b>	<b>John Brookshire</b>	
<b>James Methvin</b>	<b>Bruce Rodgers</b>	<b>Michael Shook</b>	
<b>William Saladin</b>			

## Lone Star Chapter PVA Health and Recreation Points System

We will be using the point system for anyone who is wanting funding for an event. In order to get funding for an event you **MUST** volunteer and turn in your time sheets to Sonya. You may download a time sheet on our website and be sure to turn in before the 12th of every month.

### Here are few examples of ways to volunteer and points you will earn.

<b>Example Activity</b>	<b>Points</b>
Volunteer at an official LSPVA event.....	20
Attend a Memorial or Funeral with Honor Guard.....	15
Write an (approved) original half page article for our newsletter.....	15
Sign up a new LSPVA member (PVA Employees not eligible).....	25
Chair an active committee of the LSPVA.....	25
Attend a monthly BOD meeting as a non board member.....	15
Direct individual fundraising efforts. Get 5 points for every \$50 raised.	

Please note in order for the volunteer to receive 100% funding to attend an event, the volunteer must have earned 100 points one month prior to the upcoming event. Points and funding are in percentages i.e. 50 point receive 50% funding, 25 points receive 25% funding, etc. Examples of approved events include, fishing tournaments, trap shoots, Golden Age Games, Wheel Chair Games, hand cycling, and Boccia.

For more information please call 972-276-5252



PARALYZED VETERANS OF AMERICA  
LONE STAR CHAPTER



# FUNDRAISING RAFFLE

**2025 Polaris Ranger  
Crew 1000 Premium**

*Tickets  
\$20 each*



A charity fundraiser for our  
veterans in need of support.



RAFFLE WILL BE HELD  
LABOR DAY

*SEPTEMBER 1, 2025*



More information is available at  
[WWW.LSPVA.ORG](http://WWW.LSPVA.ORG)

THANK YOU FOR YOUR SUPPORT!



# BINGO!

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# LSPVA Loan Closet

Lone Star Chapter PVA is now offering the use of durable medical equipment to our members as well as the rest of the community. All of our equipment has been gently used and is in good condition.

## **Some examples of items available for loan are:**

- 1 Cane
- 1 Crutches
- 2 Walkers
- 2 Power Wheelchairs
- 2 Manual Wheelchairs
- 1 Transfer Seat

LSPVA always appreciates items in good, clean, usable condition.

If you are interested in borrowing equipment or donating items please contact us. 972-276-5252



Lone Star Chapter

Lone Star Chapter PVA

3925 Forest Lane

Garland TX 75042

972-276-5252

[ispva@ispva.org](mailto:ispva@ispva.org)

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